



Americans are feeling anxiety, depression, complicated grief, loss, and overwhelming episodes of fear and disharmony. With further investigation, many people report feeling lonely, isolated, emotionally drained, and numb during the pandemic.

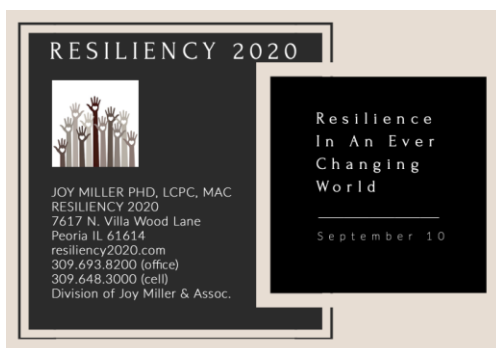
The mission of **Resiliency2020** is to bring together inspirational speakers to empower, inspire, and discover techniques to bounce back and thrive during this life-changing time in history.

Resiliency2020 is a FREE live-streaming webinar, 25 celebrities from various walks of life that include mental health experts, inspirational speakers, and musical artists. Each celebrity is donating their time and talent, their own unique piece of wisdom, as they come together to share techniques to increase personal resiliency. Speakers will share 10 minutes of inspiration and knowledge during our international event spanning over four hours. Sharing from the heart, our star-studded lineup of like-minded people will help us manifest our power. The purpose of **Resiliency2020 team** is to focus not on just surviving, but the process of thriving!

Our team of celebrities include Arianna Huffington, Erin Brockovich, Lisa Ling, Tara Brach, Alanis Morissette, Ray LaHood, Rhonda Ross, India.Arie and dozens more who are donating their time and talent to raise monies for #FIRSTRESPONDERSFIRS, to assist first responder's needs for mental health services.

Join us on September 10th from 12-4pm (EST) for this remarkable and unique streaming webinar. Registration is free at resiliency2020.com

Questions: Please direct to Dr. Joy Miller, joymillerphd@comcast.net



At this moment, we have registrants from Australia, Poland, UK, Canada, South America, France, Mexico, Brazil Maldives and Argentina.