

Meet Dr. Edith Eva Eger

THERAPIST. SPEAKER. AUTHOR.

Dr. Edith Eger is a sought-after clinical psychologist and lecturer, helping individuals discard their limitations, discover their powers of self-renewal, and achieve things they previously thought unattainable. Using her own past as a Holocaust survivor and thriver as a powerful analogy, she inspires people to tap their full potential and shape their very best destinies. It's a message of healing and personal growth. A message of freedom from self-imposed limitations. A message of CHOICE to move from recovery to discovery and beyond.



Photo by Jordan Engle

"THE CHOICE is a gift to humanity. One of those rare and eternal stories that you don't want to end and that leave you forever changed... She has found true freedom and forgiveness and shows us how we can as well."

—DESMOND TUTU

Dr. Eger is frequently invited to be a keynote speaker, lecturer, workshop leader, and consultant. She speaks on today's most relevant topics and tailors her presentations to the unique requirements of business, educational institutions, government, the military, healthcare, and religious, civic, and community organizations.




Robbyn Dodd Photography

"...an extraordinary professional and charismatic workshop leader. She brings her discipline of psychology, interweaves a vibrant religious perspective, and leavens the whole with humor and genuine caring."

—CARL KAHRS TOWLEY, Chaplain, USA Chief
Tripler Army Medical Center, HI

In addition to being the acclaimed new author of *THE CHOICE* (Scribner, 2017) and in demand for book talk and signing events, Dr. Eger maintains a busy clinical practice in La Jolla, California and holds a faculty appointment at the University of California, San Diego. Her greatest joy is continuing to work with individuals and groups, inspiring healing and fulfillment.

Learn more about Dr. Eger and her new memoir *THE CHOICE* at www.dreditheger.com and  @DrEdithEger

